

# Northside Girls Basketball League

## Parent and Player Handbook

February 2024



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## Northside Girls Basketball League History

The Northside Girls Basketball League (NGBL) was established in 2014 to enable a dedicated junior female basketball competition. The NGBL has grown from 8 teams in 2015 to 50 teams in 2024.

The NGBL is dedicated to promoting, developing and encouraging participation in basketball on the Northside of Brisbane.

## Club Philosophy

- Playing basketball should be fun. The enjoyment of playing basketball is in knowing the individuals and team have done their very best.
- Winning should provide a focus for the team as a whole – the goal should be to win as a team and have fun in the process.
- Regardless of ability, every member of the team deserves to be treated with encouragement and to be given equal playing time.
- Success should not be measured in terms of wins and losses but in the amount of effort put in. Acknowledge the players' effort not just the result.
- Establish high but realistic expectations. Encourage players to do their best.
- There's no substitute for actual game experience and every member of the team has a right to gain that experience. Regardless of ability, every member of the team deserves to be supported and to be given playing time equity
- Player's commit to practice, intensity, attitude and skills.
- We aim for each player is to receive equal court time over the course of the season, but that doesn't mean that each player receives the same amount of court time every game.
- All players must be given the opportunity to develop while on the court.
- Players to grow a love of the game and have a great basketball experience.

## Measures of Success

- Did the players have fun?
- Did the players enjoy their season?
- Did the players' skills improve over the course of the season?
- Did the team's performance improve over the course of the season?
- Was there a culture of teamwork and sportsmanship on the team?

## Seasons

The NGBL participates in the following Seasons\*:

- Winter Season: Terms 2 & 3
- Summer Season: Terms 1 & 4

## NGBL Standards

### Domestic Competition

The NGBL participates under Northside Wizards Basketball (NWB). NWB is an affiliated Association of Basketball Queensland (BQ). Accordingly, we have adopted the BQ Policies and Codes of Behaviour available by the [BQ website](#).

### Codes of Conduct

The NGBL family, including players, parents and spectators are to abide by the BQ Codes of Behaviour.

- Players, parents and spectators are to act in a respectable manner.
- During the game, NGBL promotes communication between the coach and players, not parents and players.
- Under no circumstances are parents / spectators to enter the playing area during a game.
- No parent or spectator is to argue, make any obscene gestures over a referee's call or any game situation.
- At absolutely no point is a parent to make physical contact with an official.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Refrain from engaging in negative or destructive discussion or postings on social media about players, coaches, spectators, officials, administrators or other basketball participants, that may be viewed as abusive, harassing or offensive in nature.
- No parent / spectator is to argue, make any obscene gestures over a referee's call or any game decision.
- At absolutely no point is a parent / spectator to enter the field of play / court / team bench during the game.
- At absolutely no point is a parent / spectator to make verbal or physical contact with a referee.
- If parents have any concerns, please direct them to the committee members:

Club Manager – [noblmanager@northsidewizards.com](mailto:noblmanager@northsidewizards.com)

Club Registrar – [noblregistrar@northsidewizards.com](mailto:noblregistrar@northsidewizards.com)

Coach Co-ordinator – [noblcoach@northsidewizards.com](mailto:noblcoach@northsidewizards.com)

## Domestic Competition Rules

The NWB Domestic Competition Rules apply to the NGBL Seasons. Please familiarise yourself with the rules via this [link](#).

### Court Time

- Each player is to receive fair court time over the course of the season. That doesn't mean that each player has to receive equal game time each week.
- Players commitment, intensity, attitude and skills will lead the coaches rotation for court time.
- Coaches will balance court time over the game to suit the game.
- All players must be given the opportunity to develop while on the court.
- This is club basketball, not representative basketball.

### Team Rules

- Establish a 'Team First' attitude.
- Celebrate teammates' success, individual success will follow.
- No put-downs, contribute to a supportive environment.

### Player Court Conduct

- Develop players respect for opponents, officials and opposing coaches.
- Show good sportsmanship and positive team behaviour – on court and on the bench.
- Participate with the spirit of the game and importance of fair play.
- Players are not to argue over a referee's call or any other game situation or they will be benched straight away!
- During the game, NGBL promotes communication between the coach and players, not parents and players.
- Remember the referees are children as well.

### Game Day Routine

- All players must wear plain black shorts (no zips or pockets for safety reasons, no large logos – one small brand log is acceptable).
- All players will be provided with a club singlet for games. These singlets remain the property of NGBL.
- The team listed first on the draw is the 'home team' and is to sit on the left-hand side of the scoretable. If playing against another team with similar uniform colour, they will have to change singlet colour. The team listed second on the draw is to sit on the right-hand side of the scoretable.

- All parents, with the exception of Coach, Assistant Coach and Team Manager are expected to take turns on the score bench at games.
- The Coach, Assistant Coach and Team Manager, whilst wearing their NGBL team shirt, are the only personnel permitted to sit on the team bench – parents must not sit on the team bench.
- If an issue arises, the Coach or Team Manager can seek the court or referee supervisor during a game to assist.
- Coaches are to ensure players go through a warm up routine prior to game commencement. Strategy talk does not take a precedence over player warmup.

## Team Selections

### Trial process

- All players who register before the registration deadline will be placed into a team.
- Players who miss the deadline or who register and don't attend the trials, will be allocated teams accordingly to availability. Please note that this may not be in the Division you were previously in.
- Players in Division 1 are not assured Division 1 in the following season. Players are **not** guaranteed to be in the same division from season to season. **Parents** – please ensure you manage your child's expectations in this area.
- At times, spectators are not allowed into the venue during the trials. Only prospective coaches, assistant coaches and club committee members will be allowed to enter. This will be communicated via the trial emails.
- Players are to try their hardest throughout the trials so they are placed in a team that is the right level for them.
- The NGBL Coach, NGBL Age Co-ordinators, NGBL Manager and NWB nominated staff member assesses players' skill levels. Players are placed into teams based on their performance at trials.
- Players will be placed into teams for grading games. These are **not** their team for the Season. We will need to move players during the grading process. The aim is for players to have a positive experience of basketball. **Parents** – please ensure you manage your child's expectations in this area.
- Please **don't ask for players to be moved** as the NGBL team work hard to create balanced teams for a successful and competitive season for all players.
- All players going through the trials and grading process must commit to playing for the full season. Otherwise, teams will be short on numbers and not providing a great basketball experience for players and their families.
- Players must play in their correct age group. (This is a Northside Wizards Domestic Junior Competition requirement)

- There is some provision for players to play a second game in an older age group (for an additional fee) but this must be requested through the NGBL Manager at the time of registration. Any second game play-up is at the discretion of the NGBL Management Team.
- Players that register during once the trials have been completed will be considered on a player by player basis.

## Friend requests

- We make all efforts to place players in teams based on their skill and ability to ensure that players have a great basketball experience during the season.
- For Division 1, whilst NGBL are not able to guarantee that players will be able to play together, where possible we will enable this to occur, whilst ensuring the integrity of the competition and secondary to ensuring balanced teams.
- In the lower divisions, we welcome requests for players to play together. For those players wishing to register as a team, we are happy to accommodate. To ensure all players have a great experience, we will work with families to ensure that the nominated team is at the same level of other teams.
- Any request needs to be made once you have registered by emailing the NGBL Manager.
- Requests placed **after** the first trial may not be able to be achieved.

## Volunteers

- All club committee members are volunteers.
- Club committee members have full time jobs and may not be able to respond immediately to emails.
- All team coaches, assistant coaches and team managers are volunteers.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.

## Team coaches

- Coaches are usually parents or relatives of players in each team.
- Elder players are also welcome - it is a great way for young people to develop leadership and teaching skills.
- We aim to have an assistant coach who can act as a backup if the coach can't make it to a game.
- All prospective coaches will be asked to attend both trials to help with team selection.
- Anyone willing to be a coach or assistant coach please contact the NGBL Coach Co-ordinator.
- Coaches are provided coaching resources. Northside Wizards has also developed some coaching resources. There are also coaching courses available through Northside Wizards.

## Team managers

- Team Managers are usually a parent of one of the players in the team.
- The main roles of the team manager are to deal with team communications, score bench roster management and singlet management. Singlets are to be handed out at the beginning of each game and collected at the end of each game. Team Managers will wash singlets ready for the next game.

## Training

### Training attendance

- To promote the value of teamwork, we recommend players attend all training practices.
- Player representing NWB or participating in a BQ program takes precedence over club training.
- Players not able to attend training must advise the Team Manager / Coach. Where there is no communication, the Coach may start them on the bench for the next game.
- For training sessions players should wear their own reversible singlet and bring 1-2 water bottles and a basketball (size 6). Club playing singlets are not to be worn to training.

### Training slots

- To promote player development, development training will be the focus for all teams during grading and trial games.
- Training during the season will be development focused for Division 2 and below, with individual coach / team sessions scheduled throughout the season depending on court availability. The NGBL is committed to ensuring player development and coach development which is delivered by development training.
- Training sessions are likely to be on a Monday or Wednesday, but other days may be made available depending on availability.
- Training times are only released once we have formed teams and allocated coaches.
- Venues may be available on public holidays – Anzac Day, Labour Day, Ekka, etc. (Please check beforehand).
- Venues are not available during school holidays.

***Remember, It's Only A Game***

